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Revised 8-19-2015

GRANT APPLICATION COVER SHEET
(see instructions for submission details)

Applicants: Please download, complete, and save this form for electronic submission.

Please check type of grant being applied for *(see instructions for grant descriptions):*

- | | |
|---|---------------------------------|
| CLASSROOM GRANT | SWANTZ PROFESSIONAL DEVELOPMENT |
| McGAVOCK FAMILY ENDOWMENT FOR MUSIC EDUCATION | WISH LIST |

Name of Person Submitting Request: Tracy Taylor - Johnson

Position or Title: Teacher Subject or Grade: Third grade

E-mail Address: ttaylorj@lacrossesd.org

School Name: Summit Environmental School Phone Number: 608.789.7980

School Street Address: 1800 Lakeshore Drive School ZIP Code: 54603

Project Title: Trauma Sensitive Schools Workshop

Estimated Number of People to be Served: 60 Teachers Brief Description of Population Served:

I have talked people in the Elementary Schools of the LaCrosse School District: Summit, Northside, Northwoods, Emerso

Duration of Project: From 8:00- 4:00 February 25, 2017 Wo To Implementation within the schools

Have you received grant funding in prior years? (If so, indicate which years) Yes, last year

Tracy Taylor - Johnson
Applicant Signature

Oct. 26, 2016
Date

I am aware of this grant application and confirm no other School District of La Crosse funding is available to cover the proposed request. Furthermore, I verify this project supports district, school and curricular goals.

Curriculum Supervisor Signature

Date
10-25-16

Building Principal Signature

Date

DoIT Technology Signature (if needed)

Date

| | |
|--|-----------------------------------|
| Budget Summary <i>(Note: If completing in Adobe Reader or Acrobat, the following will auto-complete after completing page 2)</i> | |
| Amount Requested: \$ <u>3050.00</u> | Total Project Budget: \$ <u>0</u> |

Overall Budget Detail

(Attach any additional or clarifying documentation as needed.)

| <u>Materials/Equipment/Services</u> | <u>Quantity</u> | <u>Supplier</u> | <u>Amount</u> |
|-------------------------------------|-----------------|----------------------|---------------|
| Facilitator: SaintA (Sara Daniels) | 1 | | 2500.00 |
| Travel/motel/expenses for trainer | | | 500.00 |
| Snacks for participants | | Tracy Taylor-Johnson | 50.00 |
| | | | |
| | | | |
| | | TOTAL | \$ 3050.00 |

LPEF Request Amount: 3050.00

Other Sources of Revenue

If LPEF is not the only source of revenue for this project, please list the other sources:

| <u>Revenue Source</u> | <u>Amount Proposed/Pending</u> | <u>Amount Approved/Received</u> |
|---------------------------------------|--------------------------------|---------------------------------|
| Due to the current budget constraints | | |
| there are no additional dollars | | |
| available. | | |
| | | |
| | | TOTAL |
| | | \$ 0 |

Mail and E-mail Completed Application to: (or send via inter-school mail)

La Crosse Public Education Foundation
 P.O. Box 1811
 La Crosse, WI 54602-1811
 Phone: 608-787-0226
 E-mail: david@lacrosseeducationfoundation.org

Revised 7-22-16

NARRATIVE FORM

For Classroom Grants, Swantz, McGavock and Wish List Grant Applicants

Applicants: Please respond to the following questions in this document to present your case clearly and concisely. Please save this document as a Word (.doc/.docx) or PDF and submit this completed document with the Cover Sheet and Budget Detail as instructed in the grant submission instructions.

1. **PROJECT SUMMARY:** (Do not exceed one paragraph)

Briefly summarize the proposed project. Identify the need to be addressed, the project's objectives and the proposed strategy for achieving them.

I was inspired by the inservice at the start of the 2016-2017 school year at the LaCrosse Center and hearing Kristin Souers speak. Followed by reading her book called Fostering Resilient Learners, Strategies for Creating Trauma-Sensitive Classroom, it was evident that we must take action to help children of trauma who are sitting in our classrooms today.

I've attended many meetings about ACEs, adverse childhood experiences, and the effects that can occur because of these experiences. During one of the ACEs training meetings, trauma of children was discussed and I was intrigued and asked for an additional references. That reference brought me to Sara Daniels of SaintA, who does teacher training of Trauma Sensitive Schools.

2. **PROJECT NARRATIVE:** Please respond to the items below.

(Do not exceed three pages; all topics must be addressed for an application to be considered.)

a. Describe the special need or problem the proposed project addresses.

As the number of traumatic events experienced during childhood increases, the risk for the following health problems in adulthood increases: depression; alcoholism; drug abuse; suicide attempts; heart and liver diseases; pregnancy problems; high stress; uncontrollable anger; and family, financial, and job problems.

People who have experienced trauma are:

15 times more likely to attempt suicide

4 times more likely to become an alcoholic

4 times more likely to develop a sexually transmitted disease

4 times more likely to inject drugs

3 times more likely to use antidepressant medication

3 times more likely to be absent from work

3 times more likely to experience depression

3 times more likely to have serious job problems

2.5 times more likely to smoke

2 times more likely to develop chronic obstructive pulmonary disease

2 times more likely to have a serious financial problem

The statistics are overwhelming. We need to start helping these children be successful in school, so that their lives can be more successful as adults.

- b. Explain how the proposed project is particularly innovative/unique to the SDL, or how it expands on a proven practice in SDL (for instance, by applying lessons learned in one school to another school or a different set of circumstances). Please use supporting data/research as appropriate.

The children in our classrooms can show trauma in many different ways. By reading Kristin Souers's book it was learned that children of trauma may show poor decision making, clouded memory or thinking, be fearful of the unpredictable, easily distracted, insecurely attached, executive functioning deficits, etc.

This proposed project is unique because it is a continuation of the work of the keynote speaker. I was excited and honored to be able to introduce Ms. Souers in the smaller session workshop during Opening Day. We exchanged emails and continue to be in touch via emails.

- c. Are you collaborating with others on this project? If so, please describe.

*Elementary Schools- Teams of people interested in Trauma Sensitive Schools Training. (Teams from Summit, Northside, Northwoods, Hamilton, Emerson, Harry Spence and Southern Bluffs Teachers, so far, with hopes that principals will also attend).

*Dr. Denyse Olson-Dorff from Gundersen Behavioral Health Department has been a wonderful resource for children of trauma, with behavioral struggles and mental health illnesses. She has been invited to attend the Trauma Informed Workshop.

*Author, Kristin Souers continues to make herself available for any questions from her book. She is also interested in true stories of children of trauma for her next book, that teachers from the LaCrosse School District has been invited to share. She will be presenting at the WWEC conference, the week before the training, so will reconnect with her then.

- d. Describe the objectives of the proposed project in measurable terms, the methods used to implement them and the materials that will be needed. Include a timeline for implementation.

Specific tools will be shared to assess traumatic response in children and increase awareness of key physiological, developmental, behavioral and academic indicators of traumatic stress. Participants will be given strategies to help facilitate perspective shift in the families, agencies and communities with which they work, to create a more trauma informed view. Specific strategies for intervention that increase regulation in children will be shared, along with ideas about how to create nurturing relationships for healing. These strategies will target improved behavior, increased academic success and enhanced healing and resilience. Further exploration of how to help children create a "reason to be" will be addressed through tools that help achieve a sense of purpose and hope.

February 25th is the date available for Sara Daniels to come to LaCrosse School District and train teams of elementary school teachers. The workshop will offer time to work in teams to create and implement what is learned, in schools this school year.

- e. Detail how you will determine whether your objectives have been achieved and whether your project is successful. Describe the potential long-range benefits or how others could replicate this effort.

The people who attend the Trauma Sensitive Schools Workshop will be able to name the seven essential ingredients of trauma. These participants will learn more tools to create positive relationships with children of trauma and identify action steps to create a trauma sensitive school environment for all students.

- f. If applying for a Swantz Grant, establish the credibility of the proposed speaker, including a brief bio if available.

On the SaintA.org website it states: Sara Daniels is the director of Clinical Services and staff development for SaintA. Since 1997, Sara has been collaborating with school districts to provide consultation and training in working with students affected by trauma, mental health issues or behavioral challenges. Sara is a member of the Wisconsin Department of Public Instruction Trauma Sensitive Schools workgroup is the co-author of the Trauma Sensitive Schools Toolkit available on the DPI website.

Sara Daniels has also done workshops for LaCrosse School District, and recommended by Regina Siegel and Curt Teff.

- g. What plans or ideas do you have for publicity or communicating this project with other SDL staff, parents or the broader community? How might LPEF be credited or involved in publicity efforts?

The newspaper and area television networks can be invited to visit the day of the Trauma Sensitive Schools Workshop .