

Canvassing the Community with Compassion

The La Crosse Compassion Project was a project involving over 6,000 La Crosse School District K-12 art students. In the fall of 2013, participating students received a 6-inch-by-six-inch art panel and were asked to draw or paint their idea of compassion. Additionally, students were asked to write a brief statement about their work. The project aspired to teach the practice of compassion through the use of art and writing. Some of the canvases from that project are displayed here.

The inspiration behind the project came from Richard Davidson, PhD – a University of Wisconsin-Madison psychology and psychiatry professor and brain researcher who has scientifically found that those who practice compassion have measurably healthier brains, and generally, a happier outlook on life.

This is one of several projects supported by the La Crosse Public Education Foundation. If you are interested in hosting this display, please contact David Stoeffler at (608) 787-0226 or email: david@lacrosseeducationfoundation.org. To learn more about the Foundation go to www.lacrosseeducationfoundation.org.